

Summer Lunch Served At  
 YMCA: 11:30 AM - 12:30 PM  
 Quinessec Park: 11:15 AM - 12:15 PM  
 Woodland: 11:15 AM - 12:30 PM

## FREE SUMMER LUNCH

Free Meals for children  
 18 years old and under

Adult Meals \$2.75

31-Jul	1-Aug	2-Aug	3-Aug	4-Aug
Hamburger or Cheeseburger	Pizza	Beef Stew	Philly Steak & Cheese Sand	Hot Dogs
Mac & Cheese	Salad Bar	Salad Bar	Steamed Corn	Salad Bar
Green Beans	Sliced Peaches	Fruit Cocktail	Applesauce	Baked Beans
Chilled Peaches	Milk	Biscuit	Salad Bar	Watermelon
Salad Bar		Milk	Milk	Milk
Milk				
7-Aug	8-Aug	9-Aug	10-Aug	11-Aug
Chicken Patty on a Bun	Bacon Cheeseburger	Walking Taco	Meat or Cheese Ravioli	Sloppy Jo on a bun
Steamed Corn	Green Beans	Refried Beans	Red Sauce	Tuna Salad
Salad Bar	Salad Bar	Pineapple Tidbits	Sweet Peas	Steamed Vegetables
Sliced Pears	Fresh Grapes	Salad Bar	Chilled Peach Slices	Applesauce
Milk	Milk	Milk	Garlic Bread	Salad Bar
			Salad Bar, Milk	Milk
8/14	8/15	8/16	8/17	8/18
Pepperoni Calzone	Hot Ham & Cheese Sandwich	Tangerine Chicken	Turkey Subs	Corn dogs
Mixed Vegetables	Steamed Corn	Steamed Rice	Steamed Peas	Steamed Vegetables
Sliced Peaches	Fresh Apples	Oriental Vegetable	Chilled Pears	Pineapple Tidbits
Salad Bar	Salad Bar	Mandarin Oranges	Salad Bar	Salad Bar
Milk	Milk	Salad Bar	Milk	Milk
		Milk		
<b>It has been a pleasure serving you this Summer.</b>		<b>Thank you for supporting our program.</b>		<b>We will see you next Summer!!!</b>
<b>SERVED DAILY</b>		<b>BREAKFAST SERVED</b>	<b>MEALS SERVED</b>	
<b>Cheeseburgers</b>		<b>WOODLAND 8:00-9:30</b>	<b>JUNE 12- AUGUST 18</b>	<b>Fat Free Choc Milk</b>
<b>Hamburgers</b>				<b>1% White Milk</b>
<b>Sub Sandwich</b>				<b>Fat Free White Milk</b>