

Great Lakes Recovery Centers is a 501(c)(3) organization that provides behavioral health services, including, mental health services, residential and outpatient substance abuse programming, prisoner re-entry services, trauma assessments, prevention services, peer recovery and more.

## GLRC Mission

to empower recovery through hope and change

## Core Values

We value:

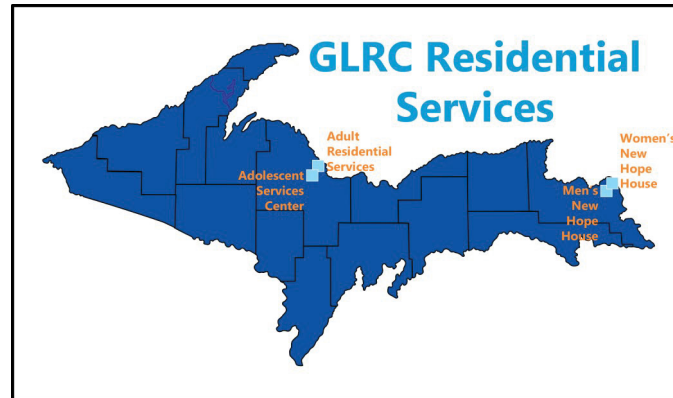
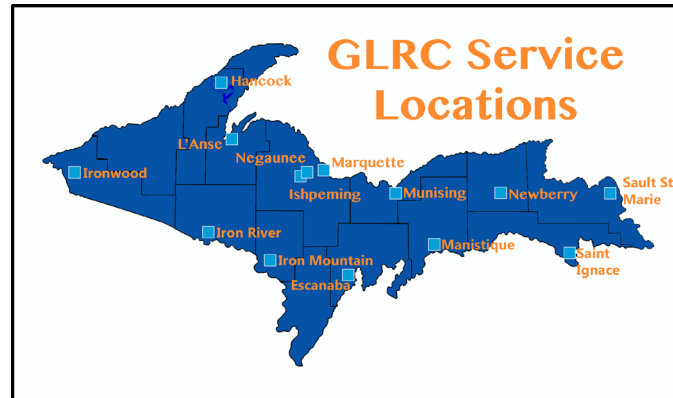
- caring, respect, and empathy for all persons
- a commitment to our clients' recovery
- a strength-based environment for ourselves and our clients
- dependable, trust-based relationships
- service to our communities
- the quality of life through relationships
- a strong and dependable work ethic

Great Lakes Recovery Centers is a non-profit, non-denominational, 501 (c)(3) corporation. Funding comes from a variety of sources. GLRC is a partner agency with the United Ways of Marquette County and the Copper Country United Way.



## Locations

GLRC offers a variety of behavioral health services in many communities across the Upper Peninsula.



For more information about the services at any of our locations, call the Access Center at (855) 906-4572 or (906) 228-9696.

[www.glrc.org](http://www.glrc.org)

Great Lakes Recovery Centers is licensed by the State of Michigan and accredited by CARF (Commission on Accreditation of Rehabilitation Facilities). We are also HIPAA (Health Insurance Portability and Accountability Act) compliant. GLRC actively protects the confidentiality and privacy of our clients.



# Great Lakes Recovery Centers

## Behavioral Health Services

## Employee Assistance Program



Creating Healthy Communities One Person at a Time



# Employee Assistance Program

## What is the Employee Assistance Program?

The Employee Assistance Program (EAP) is a confidential counseling service available to you and your dependents. The EAP is provided by your employer as a prevention service designed to help you with personal problems before work performance is affected.

## What kind of services are covered?

EAP provides individual, couples and family counseling for a wide variety of issues. Some of the problems covered by the EAP include, but are not limited to:

- Anxiety or depression
- Grief
- Life stressors or adjustment issues
- Marital/family issues
- Parenting support
- Problems at work
- Substance abuse

## How do I make an appointment?

Call the Great Lakes Recovery Centers' Access Center toll free at (855) 906-4572 or (906) 228-9696 and an Access Center Navigator will guide you through the scheduling process.

## Who is eligible?

All employees, their spouses and their dependent children are eligible for four sessions of EAP.

## What is the cost?

EAP counseling with a Great Lakes Recovery Centers Counselor is paid by a contract with your employer. Up to four sessions of counseling through Great Lakes Recovery Centers is without charge to the employee. If additional counseling or referrals are needed those costs are the responsibility of the employee/client which can be billed to the client's health insurance.

## Who will know about services received?

Services are completely confidential between the client and their counselor unless the client agrees, in writing, to release information. This is a right protected by Federal Law. Exceptions such as when child abuse is involved are explained.

## Where can I access services?

EAP Services are offered in the Western Upper Peninsula at the following Outpatient Services offices: Hancock, Iron Mountain, Iron River, Ironwood, and Ishpeming. Our Access Center will be able to direct you to the appropriate office for services.

# Other Services

GLRC offers a wide variety of behavioral health services. Some of these services include:

## Foster Care

GLRC's MDHHS Regional Resource Team provides information about becoming a foster parent, supports current foster parents, and provides comprehensive training to those interested in becoming foster parents.

## Medication Assisted Treatment

GLRC's Medication Assisted Treatment clinic provides a combination of counseling services and medication that can help control cravings and the chemical impacts of substances.

## Offender Success

GLRC works with returning parolees in the UP to assist with transition back into the community.

## Prevention Services

GLRC facilitates both substance abuse and suicide prevention programming throughout the UP.

## Recovery Housing

GLRC offers recovery housing in a variety of locations in the UP. This provides structure, support, and a safe environment for individuals living in recovery.

## Social Detox

All three of the adult residential services sites offer Social Detox services to medically stable clients as they withdraw from alcohol or drugs.

## Veterans Services

GLRC offers weekly support groups for veterans, as well as residential access.

## Substance Abuse Services

GLRC offers a range of Substance Abuse Services such as Substance Use Disorder Assessments, Peer Recovery, Individual Outpatient Counseling, Group Counseling and Residential Treatment for both youth and adults. We also offer recovery housing at multiple locations in the Upper Peninsula. Our Adolescent Services Center is the only residential facility for individuals ages 12-17 with Substance Use Disorder in the Upper Peninsula.

