



Kingsford High School May 2023 Menu



Salad bar and fruit bar are back again this year

Each day students will have 3 choices:

pizza, a sandwich (hamburger, turkey sub or 3 meat sub), and a rotating choice-listed below

Monday 1	Tuesday 2	Wednesday 3	Thursday 4	Friday 5
Chicken Parm Sandwich	Rotini with Meat Sauce	Fish & Chips	Spicy Sub	Corn Dog
Steamed Broccoli	Corn	Corn	Brussel Sprouts	Riviera Blend Veggie
Fresh Apple Slices	Mandarin Oranges	Mixed Fruit	Tropical Fruit	Buttered Noodles
Fruit and & Salad Bar	Fruit and & Salad Bar	Fruit and & Salad Bar	Fruit and & Salad Bar	Peaches
Milk	Milk	Milk	Milk	Fruit and & Salad Bar
				Milk

Monday 8	Tuesday 9	Wednesday 10	Thursday 11	Friday 12
Italian Chicken Sandwich	Tangerine Chicken	Meatball Sub	Chicken Nuggets	Flivver Bowl
Steamed Carrots	Key West Veggies	Cantaloupe	Normandy Blend	Corn
Pineapple	Fruit Salad	Baked Beans	Garlic Biscuits	Peaches
Fruit and & Salad Bar	Fruit and & Salad Bar	Fruit and & Salad Bar	Fruit and & Salad Bar	Fruit and & Salad Bar
Milk	Milk	Milk	Strawberry Cup	Milk
			Milk	

Monday 15	Tuesday 16	Wednesday 17	Thursday 18	Friday 19
Hot Ham & Cheese	Mighty Rib Sandwich	Bacon Cheeseburger	Flivver Wrap	Quesadilla
Winter Blend Veggies	Green Beans	Sweet Potatoes	Winter Blend	Refried Beans
Fresh Grapes	Appleslices	Mandarin Oranges	Strawberry/Kiwi Slushies	Tropical Fruit
Fruit and & Salad Bar	Fruit and & Salad Bar	Fruit and & Salad Bar	Fruit and & Salad Bar	Fruit and & Salad Bar
Milk	Milk	Milk	Milk	Milk

Monday 22	Tuesday 23	Wednesday 24	Thursday 25	Friday 26
Pizza Burger	Taco's	Chicken Alfredo	Chicken Patty Sandwich	Bosco Sticks
Veggies	Refried Beans	Green Beans	Peas & Carrots	Normandy Blend Veggies
Mixed Fruit	Peaches	Apple Slices w/sugar & cin	Pears	Fruit
Fruit and & Salad Bar	Fruit and & Salad Bar	Fruit and & Salad Bar	Fruit and & Salad Bar	Fruit and & Salad Bar
Milk	Milk	Milk	Milk	Milk

Monday 29	Tuesday 30	Wednesday 31	Thursday, June 1	Friday, June 2
	Cooks Choice	Cooks Choice	Cooks Choice	Cooks Choice
Memorial Day				