



Kingsford High School November 2022 Menu



Salad bar and fruit bar are back again this year

Each day students will have 3 choices:

pizza, a sandwich (hamburger, turkey sub or 3 meat sub), and a rotating choice-listed below

	Tuesday 1	Wednesday 2	Thursday 3	Friday 4
Grilled Chicken Sandwich	Taco's	Garlic Cheesy Bread		French Bread Pizza
Steamed Carrots	Baked Beans	Marinara Sauce		Steamed Broccoli
Apple Slices	Peaches	Riviera Blend Veggies		Chilled Pears
Fruit Bar	Fruit Bar	Tropical Fruit	No Lunch 1/2 Day	Fruit Bar
Salad Bar	Salad Bar	Fruit Bar		Salad Bar
Milk	Milk	Salad Bar		Milk
		Milk		

Monday 7	Tuesday 8	Wednesday 9	Thursday 10	Friday 11
Philly Steak and Cheese	Taquito	Chicken Legs & Spaghetti	Mighty Ribs	Beefy Nacho's
Green Beans	Refried Beans	Buttered Corn	Keywest Blend Veggie	Baked Beans
Strawberry Cups	Applesauce	Fruit Cocktail	Pineapple	Mandarin Oranges
Fruit Bar	Fruit Bar	Fruit Bar	Fruit Bar	Fruit Bar
Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Milk	Milk	Milk	Milk	Milk

Monday 14	Tuesday 15	Wednesday 16	Thursday 17	Friday 18
Meatball Subs		Corn Dogs	Flivver Wrap	Mac & Cheese
Winter Blend Veggies		Buttered Noodles	Steamed Broccoli	Hot Dog
Apples/cinnamon, sugar		Brussel Sprout	Pears	Baked Beans
Fruit Bar	NO SCHOOL	Strawberry/Mango Slush	Fruit Bar	Chilled Peaches
Salad Bar		Fruit Bar	Salad Bar	Fruit Bar
Milk		Salad Bar	Milk	Salad Bar
		Milk		Milk

Monday 21	Tuesday 22	Wednesday 23	Thursday 24	Friday 25
Grilled Cheese	Flivver Bowl			
Chicken Noodle Soup	Applesauce			
Carrots	Salad Bar			
Grapes	Fruit Bar	1/2 Day of School	Thanksgiving	No School
Fruit Bar	Salad Bar			
Salad Bar	Milk			
Milk				

Monday 28	Tuesday 29	Wednesday 30		
Bosco Sticks	Chicken Parma Sandwich	Turkey Bacon Crouissant		
Marinara Sauce	Buttered Corn	Green Beans		
Riviera Blend Veggie	Pears	Cranberries		
Tropical Fruit	Fruit Bar	Fruit Bar		
Fruit Bar	Salad Bar	Salad Bar		
Salad Bar	Milk	Milk		
Milk				

Food service is having a hard time getting food so the menu can change without notice

SCHOOL MEALS INFORMATION

Student Breakfast and Lunch:

Your first meal will be free. If you want a second meal, you must have money on your account as you will be charged for it.